<table>
<thead>
<tr>
<th>Unit 1: Introduction to Life Science</th>
<th>13</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lesson 1</td>
<td>Is It Alive?</td>
</tr>
<tr>
<td>Lesson 2</td>
<td>What Is a Kingdom?</td>
</tr>
<tr>
<td>Lesson 3</td>
<td>Classification System</td>
</tr>
<tr>
<td>Special Feature</td>
<td>Carl Linnaeus</td>
</tr>
<tr>
<td>Lesson 4</td>
<td>Plant &amp; Animal Cells</td>
</tr>
<tr>
<td>Special Feature</td>
<td>Cells</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Unit 2: Flowering Plants &amp; Seeds</th>
<th>31</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lesson 5</td>
<td>Flowering Plants</td>
</tr>
<tr>
<td>Lesson 6</td>
<td>Grasses</td>
</tr>
<tr>
<td>Lesson 7</td>
<td>Trees</td>
</tr>
<tr>
<td>Special Feature</td>
<td>Redwoods</td>
</tr>
<tr>
<td>Lesson 8</td>
<td>Seeds</td>
</tr>
<tr>
<td>Lesson 9</td>
<td>Monocots &amp; Dicots</td>
</tr>
<tr>
<td>Lesson 10</td>
<td>Seeds—Where Are They?</td>
</tr>
<tr>
<td>Special Feature</td>
<td>George Washington Carver</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Unit 3: Roots &amp; Stems</th>
<th>54</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lesson 11</td>
<td>Roots</td>
</tr>
<tr>
<td>Lesson 12</td>
<td>Special Roots</td>
</tr>
<tr>
<td>Lesson 13</td>
<td>Stems</td>
</tr>
<tr>
<td>Lesson 14</td>
<td>Stem Structure</td>
</tr>
<tr>
<td>Lesson 15</td>
<td>Stem Growth</td>
</tr>
<tr>
<td>Unit 4: Leaves</td>
<td>69</td>
</tr>
<tr>
<td>---------------</td>
<td>----</td>
</tr>
<tr>
<td>Lesson 16</td>
<td>Photosynthesis</td>
</tr>
<tr>
<td>Lesson 17</td>
<td>Arrangement of Leaves</td>
</tr>
<tr>
<td>Lesson 18</td>
<td>Leaves—Shape &amp; Design</td>
</tr>
<tr>
<td>Lesson 19</td>
<td>Changing Colors</td>
</tr>
<tr>
<td>Lesson 20</td>
<td>Tree Identification: Final Project</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Unit 5: Flowers &amp; Fruits</th>
<th>87</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lesson 21</td>
<td>Flowers</td>
</tr>
<tr>
<td>Lesson 22</td>
<td>Pollination</td>
</tr>
<tr>
<td>Special Feature</td>
<td>Pierre-Joseph Redoute</td>
</tr>
<tr>
<td>Lesson 23</td>
<td>Flower Dissection</td>
</tr>
<tr>
<td>Special Feature</td>
<td>A Rose by Any Other Name</td>
</tr>
<tr>
<td>Lesson 24</td>
<td>Fruits</td>
</tr>
<tr>
<td>Lesson 25</td>
<td>Annuals, Biennials, &amp; Perennials</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Unit 6: Unusual Plants</th>
<th>105</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lesson 26</td>
<td>Meat-eating Plants</td>
</tr>
<tr>
<td>Lesson 27</td>
<td>Parasites &amp; Passengers</td>
</tr>
<tr>
<td>Lesson 28</td>
<td>Tropisms</td>
</tr>
<tr>
<td>Lesson 29</td>
<td>Survival Techniques</td>
</tr>
<tr>
<td>Lesson 30</td>
<td>Reproduction without Seeds</td>
</tr>
<tr>
<td>Lesson 31</td>
<td>Ferns</td>
</tr>
<tr>
<td>Lesson 32</td>
<td>Mosses</td>
</tr>
<tr>
<td>Lesson 33</td>
<td>Algae</td>
</tr>
<tr>
<td>Lesson 34</td>
<td>Fungi</td>
</tr>
<tr>
<td>Lesson 35</td>
<td>Conclusion</td>
</tr>
<tr>
<td>Glossary</td>
<td></td>
</tr>
<tr>
<td>Challenge Glossary</td>
<td></td>
</tr>
</tbody>
</table>
Unit 1: Body Overview

Lesson 1  The Creation of Life  140
Lesson 2  Overview of the Human Body  142
Special Feature  Leonardo da Vinci  144
Lesson 3  Cells, Tissues, & Organs  146

Unit 2: Bones & Muscles

Lesson 4  The Skeletal System  150
Lesson 5  Names of Bones  153
Lesson 6  Types of Bones  156
Lesson 7  Joints  159
Lesson 8  The Muscular System  162
Lesson 9  Different Types of Muscles  165
Lesson 10  Hands & Feet  167

Unit 3: Nerves & Senses

Lesson 11  The Nervous System  171
Lesson 12  The Brain  174
Lesson 13  Learning & Thinking  177
Special Feature  Brain Surgery  180
Lesson 14  Reflexes & Nerves  182
Lesson 15  The Five Senses  185
Lesson 16  The Eye ................................. 188
Lesson 17  The Ear ................................. 191
Lesson 18  Taste & Smell .......................... 194

### Unit 4: Digestion 197
Lesson 19  The Digestive System ....................... 198
Lesson 20  Teeth .................................. 201
Lesson 21  Dental Health ............................. 204
Lesson 22  Nutrition ................................ 206
Special Feature  Florence Nightingale .................. 209
Lesson 23  Vitamins & Minerals ........................ 211

### Unit 5: Heart & Lungs 214
Lesson 24  The Circulatory System ...................... 215
Lesson 25  The Heart ................................ 219
Lesson 26  Blood .................................. 222
Special Feature  Blood—Who Needs It? .................. 225
Lesson 27  The Respiratory System ..................... 226
Lesson 28  The Lungs ................................ 229

### Unit 6: Skin & Immunity 232
Lesson 29  The Skin ................................ 233
Lesson 30  Cross-section of Skin ....................... 236
Lesson 31  Fingerprints ............................... 239
Lesson 32  The Immune System ....................... 243
Lesson 33  Genetics ................................. 246
Special Feature  Gregor Mendel ....................... 249
Lesson 34  Body Poster: Final Project ................. 251
Lesson 35  Conclusion ................................ 253
Glossary ............................................ 254
Challenge Glossary ................................ 256
## Unit 1: Mammals

<table>
<thead>
<tr>
<th>Lesson</th>
<th>Title</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lesson 1</td>
<td>The World of Animals</td>
<td>262</td>
</tr>
<tr>
<td>Lesson 2</td>
<td>Vertebrates</td>
<td>264</td>
</tr>
<tr>
<td>Lesson 3</td>
<td>Mammals</td>
<td>266</td>
</tr>
<tr>
<td>Lesson 4</td>
<td>Mammals: Large &amp; Small</td>
<td>269</td>
</tr>
<tr>
<td>Lesson 5</td>
<td>Monkeys &amp; Apes</td>
<td>273</td>
</tr>
<tr>
<td>Special Feature</td>
<td>Man &amp; Monkeys.</td>
<td></td>
</tr>
<tr>
<td>Lesson 6</td>
<td>Aquatic Mammals</td>
<td>278</td>
</tr>
<tr>
<td>Lesson 7</td>
<td>Marsupials</td>
<td>282</td>
</tr>
</tbody>
</table>

## Unit 2: Birds & Fish

| Lesson 8| Birds                                | 286  |
| Special Feature | Charles Darwin           | 290  |
| Lesson 9| Flight                               | 291  |
| Lesson 10| The Bird's Digestive System         | 295  |
| Lesson 11| Fish                                 | 298  |
| Lesson 12| Fins & Other Fish Anatomy           | 301  |
| Lesson 13| Cartilaginous fish                  | 304  |
## Unit 3: Amphibians & Reptiles

| Lesson 14 | Amphibians | 308 |
| Lesson 15 | Amphibian Metamorphosis | 311 |
| Lesson 16 | Reptiles | 314 |
| Special Feature | When Did the Dinosaurs Live? | 317 |
| Lesson 17 | Snakes | 319 |
| Special Feature | Rattlesnakes | 322 |
| Lesson 18 | Lizards | 323 |
| Lesson 19 | Turtles & Crocodiles | 326 |

## Unit 4: Arthropods

| Lesson 20 | Invertebrates | 330 |
| Lesson 21 | Arthropods | 333 |
| Lesson 22 | Insects | 336 |
| Lesson 23 | Insect Metamorphosis | 339 |
| Lesson 24 | Arachnids | 342 |
| Lesson 25 | Crustaceans | 345 |
| Lesson 26 | Myriapods | 347 |

## Unit 5: Other Invertebrates

| Lesson 27 | Mollusks | 351 |
| Lesson 28 | Cnidarians | 354 |
| Lesson 29 | Echinoderms | 358 |
| Lesson 30 | Sponges | 361 |
| Lesson 31 | Worms | 363 |

## Unit 6: Simple Organisms

| Lesson 32 | Kingdom Protista | 367 |
| Lesson 33 | Kingdom Monera & Viruses | 370 |
| Special Feature | Louis Pasteur—Got Milk? | 373 |
| Lesson 34 | Animal Notebook: Final Project | 375 |
| Lesson 35 | Conclusion | 377 |
| Glossary | 378 |
| Challenge Glossary | 380 |
| Index | 381 |
| Photo Credits | 385 |
You are about to start an exciting series of lessons on life science. God’s Design® for Life consists of: The World of Plants, The World of Animals, and The Human Body. It will give you insight into how God designed and created our world and the things that live in it.

No matter what grade you are in, third through eighth grade, you can use this book.

3rd–5th grade
Read the lesson.

- Do the activity in the light blue box (work-sheets will be provided by your teacher).
- Test your knowledge by answering the What did we learn? questions.
- Assess your understanding by answering the Taking it further questions.

Be sure to read the special features and do the final project.

There are also unit quizzes and a final test to take.

6th–8th grade
Read the lesson.

- Do the activity in the light blue box (work-sheets will be provided by your teacher).
- Test your knowledge by answering the What did we learn? questions.
- Assess your understanding by answering the Taking it further questions.
- Do the challenge section in the light green box. This part of the lesson will challenge you to do more advanced activities and learn additional interesting information.

Be sure to read the special features and do the final project.

There are also unit quizzes and a final test to take.

When you truly understand how God has designed everything in our universe to work together, then you will enjoy the world around you even more. So let’s get started!
The World of Plants
UNIT 1

Introduction to Life Science

1 Is It Alive?
2 What Is a Kingdom?
3 Classification System
4 Plant & Animal Cells

◊ Identify the six characteristics of living things.
◊ Identify the five kingdoms of living things.
◊ Identify the method of classification of living things.
◊ Describe the need for scientific names.
◊ Describe basic parts of a cell using models.
Is It Alive?

Biology is the study of living things.

How do we know if something is alive?

Words to know:

respiration

Challenge words:

spontaneous generation  abiogenesis
law of biogenesis  chemical evolution

How can we tell if something is alive?

Look at the things around you. Is an animal alive? Is a plant alive? Is the table alive? How about your computer? Some things are obviously alive while other things are obviously not alive. Still other things might be a little more confusing. We are getting ready to study plants, and the study of plants is part of the study of life science. Before we can study life science, we need to know what is considered alive scientifically and what is not. It will help you to identify living things if you realize that all living things have six common characteristics:

1. Living things eat or absorb nutrients. All living things need food and water. Most animals take in food and water through their mouths. Plants absorb nutrients from the soil through their roots.

2. Living things perform respiration—they "breathe" or exchange oxygen and carbon dioxide as they turn food into energy. Both plants and animals need oxygen to survive. Animals get oxygen from their surroundings in many different ways. We are most familiar with animals that breathe with lungs. But some animals, such as fish, breathe with gills, and others, such as Earthworms, can
absorb oxygen through their skin. Plants also “breathe” by exchanging carbon dioxide and oxygen through their leaves. During the day, when sunlight is abundant, plants use carbon dioxide to produce food through photosynthesis; however, at night, plants use oxygen to break down some of that food for energy to grow. The type of respiration performed by all living things is called cellular respiration. It involves using oxygen to break down sugars to release energy needed for the processes of life. Different processes are used to exchange the gases required for and produced by cellular respiration—how it “breathes”—but all organisms use energy.

3. Living things grow. All plants and animals have a life cycle in which they are born, develop and grow, and then die.

4. Living things reproduce. Animals and plants reproduce in many different ways, but God designed each living thing to be able to produce more of its own kind. Most animals have babies and most plants produce seeds, but there are other ways of reproducing such as dividing or producing spores.

5. Living things move and respond to their environment. Animals can move in many different ways: some run, some fly, some slither, some swim. Plants can’t move around like animals but they do respond to their environment. Plants turn their leaves to face the sun. Their roots grow down and their stems grow up. Many flowers close at night and open in the morning. This is their way of moving and responding.

6. Living things have cells. Even though we can’t see plant and animal cells without the aid of a microscope, we know that all living things are made up of living cells.

Are Plants Alive Biblically?

When we talk about the study of living things from a scientific perspective, we use a definition of living things that is based on what we can observe about the organism God has created. But, according to the Bible, there is a difference between plant life and animal and human life. Throughout the Bible, the Hebrew words nephesh chayyâh are used to describe human and animal life. When referring to mankind, nephesh chayyâh means “living soul” or “soulish creature,” and when it refers to animals, it means “living creature.” However, this word is never applied to plant life. There is a plain distinction. It is easy to see that plants do not experience pain, suffering, or death in the same way that humans and animals do. Plant death is not the death of a “living soul” or “living creature.”

As you consider the six characteristics above, keep in mind that we are using the scientific definition of a living thing. To see a biblical example of the distinction, read the following passages and compare how they talk about humans or animals and plants: Genesis 2:7, 6:17, 7:15, 7:22; Leviticus 17:10–12; Psalm 104:24–30; Matthew 6:25–34.

What did we learn?

• What are the six questions you should ask to determine if something is biologically alive?
• Does the Bible refer to plants as living things?

Taking it further

• Do scientists consider a piece of wood that has been cut off of a tree living? (Hint: Is it growing? Can it respond?)
• Is paper alive?
• Is a seed alive?
Is it alive? scavenger hunt

Use a copy of the "Is it Alive? Scavenger Hunt" worksheet to determine whether items inside and outside of your house are alive or not.

Law of biogenesis

Now that you know how to determine if something is alive, you understand that living things come from living things. An apple tree produces seeds that grow into new apple trees; a dog gives birth to puppies that grow up to be dogs. This observation is completely consistent with the Bible when it says in Genesis that plants and animals were created to reproduce after their own kind. Also, in Matthew chapter 7, Jesus said that people could tell a plant by its fruit—a thorn bush does not produce grapes and a thistle plant does not produce figs. Today, scientists better understand plant and animal reproduction and realize that DNA in the cells determines what kind of plant or animal will be produced.

However, people did not always understand that living things must come from living things. At one time, people thought that rats were produced by garbage because they observed that rats were more abundant when there was more garbage. People also thought that rotting meat produced maggots, which grow into flies, because they observed that when meat was left to rot, maggots often appeared within a few days. This idea is called spontaneous generation. People believed that these animals were somehow suddenly produced by their surroundings. It took the work of some very persistent scientists to dispel this idea.

In about 1665 an Italian scientist named Francesco Redi did several experiments to show that spontaneous generation did not occur. He believed that maggots came from flies, not from rotting meat. To prove this he put some meat into three different jars. The first jar was left open to the air. The second jar was covered with a layer of gauze which allowed air to pass through. The third jar was covered with a thick parchment that prevented anything from passing into or out of the jar. What do you think happened in each of the three jars?

In the first jar maggots appeared in a few days, just as people had seen before. In the second jar, eggs and later maggots were found on top of the gauze, but no maggots were found inside the jar. There were no eggs, maggots, or flies in or around the third jar. This experiment showed that the maggots came from eggs that were laid by flies which were attracted by the smell of the decomposing meat. When the jar was sealed the flies did not smell the meat and did not lay their eggs, so there were no maggots. This experiment did much to dispel the idea of spontaneous generation; however, many people still believed...
that simple organisms such as bacteria might still be produced without parents.

In the 1800s Louis Pasteur worked to show that even simple organisms such as bacteria only come from other bacteria. Pasteur experimented with different samples of broth. He showed that bacteria freely reproduced in an open container of broth. He then boiled the broth to kill all of the bacteria. Some of this broth was exposed to the air and other broth was kept in a sealed container. The broth exposed to the air developed new bacteria but the sealed jar did not. Pasteur believed that bacteria were entering the jar on dust particles in the air. To show that this was true, he created a bottle with a zigzag neck that allowed air to enter but prevented dust and other particles from entering the jar. The broth in this jar did not develop any bacteria even after four years. In fact, even after 100 years, no bacteria were found in this jar, which is now on display in the Pasteur Institute in Paris. Pasteur’s experiments laid to rest the idea of spontaneous generation.

These experiments proved that life only comes from other life. This is such an important idea that it is called the law of biogenesis. Every experiment has shown that in order to get something that is alive, you must start with one or more living things and that you always get what you started with. Bacteria produce bacteria, flies produce flies, and people produce people. This is exactly how God designed the world to work.

Despite the fact that biogenesis is what we always observe, many scientists today believe that at one time life came from nonlife. They refer to this occurrence as abiogenesis or chemical evolution. These scientists believe that many millions of years ago under just the right circumstances, chemicals accidentally combined to form proteins, which are the building blocks of living cells, and that these proteins combined to form simple living creatures. Scientists have even tried to reproduce this event in the laboratory; however, even with a very controlled environment, no one has ever built living cells from just chemicals. Even if they could produce life in a lab, all it would prove is that intelligence can produce life. It would not prove that life can evolve from chemicals on its own.

God’s Word is true, and as you learn more about living things, you will be amazed at how beautifully God designed each living thing to reproduce to continue the cycle of life.
What Is a Kingdom?

It’s alive, but what is it?

How are plants different from animals?

Words to know:
- taxonomy
- anatomy
- zoology
- kingdom
- botany

Challenge words:
- dichotomous key

Once we determine that something is alive, how do we tell what it is? Scientists have grappled with this question for centuries. Carl Linnaeus is credited with developing the method of classification, or taxonomy, that we use today. But that classification system has been modified over the centuries to reflect new understanding of the living world.

The study of living things can be divided into three broad categories. The study of animals is called zoology while the study of plants is called botany. We use the word anatomy to talk about the different parts of plants, animals, or humans. But as scientists have learned more about the world of living things that God created, they have discovered that not everything fits neatly into plants or animals.

One system divides all living things into five kingdoms. A kingdom is a group of living things that has broad common characteristics.

The first two kingdoms are plants, which include all green plants that perform photosynthesis, and fungi, which cannot make their own food. The final three kingdoms are animals, which are multi-celled creatures, protists, which are single- and multi-celled creatures, and monerans, which are bacteria. Some scientists divide the kingdom Monera into two groups (Eubacteria and Archaea) based on their differing characteristics. For simplicity, we are going to treat them as one kingdom.

Because most protists and monerans are microscopic, plants and animals are the living things that most people recognize. To separate living things into different kingdoms, we must look at what is the same and what is different, and then sort them based on their differences. By answering the following questions, we can begin to determine whether a living thing is a plant or an animal.

For both plants and animals:
- Is it alive? All plants and animals are alive.
- Does it have cells? All plants and animals have cells.
- Does it reproduce after its own kind? God created
all plants and animals with the ability to make more plants and animals just like themselves.

- Does it need oxygen? All plants and animals need oxygen. We will see that the way they obtain that oxygen can be very different from one living thing to another, but they all use it.
- Do they demonstrate God’s design? All plants and animals are special and created just the way God wanted them to be. You will see this great master plan as you study the plants and animals in more detail.

For plants only:
- Do the cells have chlorophyll? Chlorophyll is what makes leaves green. Plants have it; animals don’t.

Fun Fact
Did you know that plants were created before there was even a sun? According to Genesis chapter 1 plants were created on Day Three of creation, and the sun, moon, and stars were created on Day Four. The plants could not have survived very long if the sun had not been created the next day.

For animals only:
- Can it move about freely? Although plants and animals both move in some sense, animals move about freely in their environment. Plants are rooted to the ground and therefore cannot move from one place to another.

Plants are different from animals because plants can produce their own food using carbon dioxide, chlorophyll, and the sun. Also, plants are limited in their movement. Animals, on the other hand, move freely, but must eat plants or other animals for food.

Animal or plant game

**Purpose:** To play a game as you identify the characteristics of plants and animals

**Materials:** “Clue Cards” handout, poster board, pen, scissors

**Procedure:**
1. Divide a piece of poster board into three sections as shown here. Label the left column *Animals*, the right column *Plants*, and the center section a few inches up from the bottom *Both*.

   Animals
   Plants
   Both

2. Cut out the clue cards, mix them up, and place them face down on the table.

3. Have a person draw the first card and place it in the correct column. If the card describes a characteristic of plants only put it in the *Plants* column, if it describes only animals put it in the *Animals* column. If it describes both plants and animals put it in the *Both* column.

4. Have the next person draw the next card and so on. If someone has difficulty choosing the correct column, review the questions in this lesson or let the others help.
What did we learn?

- What do plants and animals have in common?
- What makes plants unique?
- What makes animals unique?

Taking it further

- Are mushrooms plants?
- Why do you think they are or are not?

Dichotomous key

When scientists try to identify a living organism, they often use charts that have been developed by careful observation. These charts begin with two questions or options that describe a particular characteristic that helps divide the organisms into two groups. Based on the answer to the first question, the chart then presents two new questions/options to further help identify characteristics of the organism. Because there are always two possible answers, the chart is called a dichotomous key. To see how this works, use the dichotomous keys below to help you identify the animals and plants that are shown. Choose one of the plants or animals listed at the bottom of the chart. We will use the cat for our example. Go to the top of the chart and ask yourself the question, “Does this animal have a backbone or no backbone?” It has a backbone, so you follow that branch of the chart. The next question is, “Is this animal warm-blooded or cold-blooded?” The cat is warm-blooded so you move down that branch. Finally ask, “Does this animal have hair or feathers?” The cat has hair so you follow that branch and identify the animal as a cat. Follow the branch for each plant and animal on each chart. It is okay if you do not know the answers for every question for every example. This will still give you an idea of how these charts work. These charts are very simple compared to the detailed charts used by scientists.

Animal Identification Key

<table>
<thead>
<tr>
<th>Animal</th>
<th>Backbone</th>
<th>No backbone</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Warm-blooded</td>
<td>Cold-blooded</td>
</tr>
<tr>
<td></td>
<td>Hair</td>
<td>Feathers</td>
</tr>
<tr>
<td>Cat</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Chicken</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Snake</td>
<td>Scales</td>
<td>No scales</td>
</tr>
<tr>
<td>Frog</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Clam</td>
<td>2-part shell</td>
<td>1-part shell</td>
</tr>
<tr>
<td>Snail</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ant</td>
<td>3 body parts</td>
<td>2 body parts</td>
</tr>
<tr>
<td>Spider</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Plant/Leaf Identification Key

<table>
<thead>
<tr>
<th>Plant</th>
<th>Broad, flat leaves</th>
<th>Needles</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Leaflets</td>
<td>No leaflets</td>
</tr>
<tr>
<td>Horse chestnut</td>
<td>6 leaflets</td>
<td>More than 6 leaflets</td>
</tr>
<tr>
<td>Ash</td>
<td>Smooth edges</td>
<td>Irregular edges</td>
</tr>
<tr>
<td>Lilac</td>
<td>Spruce</td>
<td>Pine</td>
</tr>
<tr>
<td>Maple</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
The Human Body
UNIT 1

Body Overview

1 The Creation of Life
2 Overview of the Human Body
3 Cells, Tissues, & Organs

◊ **Describe** the function of the major organ systems in the human body.
◊ **Explain** how cells, tissues, organs, and systems are related.
The Creation of Life

God created them male and female.

Fun Fact

There are over 7 billion people alive on the Earth and each one of them is unique and created in God’s image.

How is man different from the rest of the creatures God created?

After God created the Earth, plants, sun, moon, stars, and animals, He created man. God spoke the entire universe into existence, but He made man out of the dust of the ground with His own hands and breathed life into his body. God created man to be His companion and friend. The special relationship that man has with God is unique in all of creation.

God also made a woman for man so he would not be alone on the Earth. God made woman from a rib taken from the side of man, and together He charged them with caring for the world He had created.

What did we learn?

- On which day of creation did God make man?
- In whose image did God create man?
- According to Genesis 1:26, over what were man and woman to rule?

Taking it further

- Since we are created in God’s image, how should we treat our bodies?

God gave man and woman wonderful bodies. It has taken scientists thousands of years to even begin to understand the complexity of the human body. Even today, with all of the technology available to us, we have only a small understanding of how everything in the human body really works.

As you study the lessons in this book and learn more about how your body was designed and how it works, remember that God made you special. God wants you to have a relationship with Him.
Read Genesis 1–2. Discuss how God created humans and why He created them. Then read Psalm 139:13–18. Discuss how God knew each of us even before we were born. Remember that He loves us and has a plan for each of our lives.

Write the words “God Made Me Special” at the top of a sheet of drawing paper. Then using a mirror, try and draw a self portrait.

There are eleven recognized systems in the human body. We will be studying eight of those systems in some detail in this book and will briefly look at the other three. On a piece of paper, list as many of the body’s systems as you can. Then write a short description of what each system does. Which system do you know the most about? Which system do you know the least about? Which system is the most interesting to you?
Overview of the Human Body

We are fearfully and wonderfully made!

What systems did God give the body to help it accomplish all of the tasks it must perform?

Challenge words:
- endocrine system
- hormone
- excretory system
- kidneys
- reproductive system
- uterus

Perhaps the most amazing of all of God’s creations is the human body. It is a complex set of systems all working together. The human body includes systems to move, breathe, eat, think, and feel. These are all wonders of creation. But most animals also have these systems working in their bodies. So what makes people different from animals?

The Bible says that we are created in God’s image. We have souls that can relate to God. As we study the wonder of God’s creation, remember that we are His handiwork. God designed humans to be very creative like Him. We have been given the ability to think and reason far beyond anything an animal can do. We resemble our Creator and we are separate from the animals.

Some of the remarkable systems that God created for the human body include:
- Skeletal and muscular systems for strength and movement
- Respiratory system for breathing
- Circulatory system for transporting nutrients
- Digestive system for eating
- Nervous system for thinking and feeling
- Skin for protection
- Immune system to fight against disease and other “intruders”

As you learn more about each of these systems, you will marvel at God’s creative genius in putting our bodies together.

What did we learn?
- Name as many of the body’s systems as you can and describe what each system does.

Taking it further
- Which body systems are used when you walk across a room?
Body wheel

Color each section of the “Body Wheel.” Then cut out both circles and connect them with a paper fastener in the center. Turn the top wheel and read the description of each system of the body.

Other systems

Look at the list you made from lesson 1. Did you include all eight of the body systems mentioned in this lesson? If not, add any you missed to your list. You are probably somewhat familiar with these body systems, and we will study each system in more detail throughout the remaining lessons in this book. However, there are three other systems that are also important to your body that you might not be as familiar with. We will look at these three systems briefly here. If you want to learn more about these systems, you can study an anatomy book or look in a high school biology book.

First is the endocrine system. The endocrine system produces chemical messengers called hormones. These chemicals are produced in special glands and are then secreted into the blood. Hormones control many functions in your body including growth, heart rate, the rate of digestion, waking, and sleeping. You don’t have to think about these things. God designed your body to automatically regulate these functions by producing the necessary chemicals.

The second system is the excretory system. This system was designed to remove wastes from the body. Without this system, poisonous substances would build up in your body and eventually kill you. But God designed our bodies to efficiently remove and eliminate unneeded and harmful substances. The main organs of the excretory system are the kidneys, which remove waste substances from the blood, producing urine, which is then eliminated from the body.

Finally, every person has a reproductive system. One of the first commands God gave to Adam and Eve was to be fruitful and multiply. God loves children and designed the human body to be able to create new life. A man’s body is designed so that he can become a father. A woman’s body is designed to carry the developing child in her womb, called the uterus, until it is ready to be born and then to nourish the new baby with milk from her body. The creation of a new life is a miraculous process designed by God.

Did you include these systems on your list? These are systems that you might not have thought about. Add these systems to your list and include a brief description of each. Every system of your body is necessary and amazing. Enjoy your study of each system and thank God for His wonderful creation.
Leonardo da Vinci
1452–1519

Artist, inventor, engineer, genius—which was Leonardo? He was all of these. He was born on April 15, 1452, to Ser Piero da Vinci, a young lawyer, and Caterina, a peasant girl. His name meant “Leonardo, from Vinci.” It is believed he was a vegetarian throughout his life. In fact, there are stories that he loved animals so much that he would buy caged animals only to let them go. He studied at home, learning reading, writing, and arithmetic.

When Leonardo was young, his father asked him to paint a round shield. The story goes that Leonardo thought it would be neat to paint a really creepy scene on the shield. He examined all sorts of vermin such as lizards, maggots, and bats to use in the painting. When he showed the shield to his father, his father was so impressed with the realism of the animals, that he knew his son could only be an artist.

Leonardo was successful at nearly everything he did. He was reported to be strikingly handsome with great strength. He also had a fine singing voice. He quickly learned to play the lyre, and he would sing and beautifully improvise with it. But good looks, strength, and musical talent were just the beginning. He was most gifted in art and science.

In 1469, at the age of 17, Leonardo and his father moved to Florence, Italy where he worked under the master artist, Verrocchio. It soon became apparent that his skills surpassed that of his teacher’s. In 1472 Leonardo joined the painter’s guild of Florence where he had contact with many other great Florentine artists. At this time, Leonardo started working for himself. Not only was he doing paintings, he was also sketching water pumps, military weapons, and other machines. One of the more unusual characteristics about Leonardo was that he was not only left-handed, which is not too uncommon, but he wrote many of his papers and works from right to left and backwards. Many of his notes can only be read in a mirror.

In 1482 the Duke of Milan hired Leonardo as a painter and engineer. During his 17 years under the duke, he completed six paintings and worked as an adviser on architecture, fortifications, military matters, hydraulics, and mechanical engineering. In 1489 Leonardo did some of his earliest drawings of human anatomy, and even though most of his drawings were completely wrong, he produced extremely accurate cross-sectional representations of the skull. By 1495 Leonardo felt he had achieved his goal in understanding the human anatomy and he abandoned his work in this area for eight years.
During his time with the duke, Leonardo spent many hours studying geometry. This took time away from his painting. But he wrote a book on the elementary theory of mechanics. It was also during his time under the duke that he started exploring the possibility of constructing a telescope, looked into flying machines, designed advanced weapons, including tanks and other vehicles for war, and designed submarines. During this period, Leonardo achieved new heights of scientific thought.

When the Duke of Milan died, his son wanted Leonardo to make a bronze sculpture of his father on horseback. The sculpture was to be four times bigger than life size and weigh about 80 tons. But this task proved too challenging even for Leonardo. Leonardo studied for years, developing new casting methods, but when the French invaded, he had only been successful in building a 22-foot clay model. He left Florence in 1499 when the French soldiers used the model for target practice.

Leonardo spent the next few years traveling through southern Europe. From 1502 to 1503 he worked as a military engineer for Cesare Borgia. After this, he returned to Florence for three years. It was during this time he painted what is perhaps his most famous work, the “Mona Lisa.” In 1504, Leonardo received word of his father’s death. His father’s estate went to his half brothers and sisters, so he left Florence for Milan only to return the following year to fight for his uncle’s estate, which he eventually inherited.

In the winter of 1507–1508 his interest in the human anatomy was revived when he witnessed an old man die. The man claimed to be one hundred years old. The old man told Leonardo before dying that he felt fine, only weaker. Leonardo wanted to know how this man could have such a peaceful death, so he studied this man’s anatomy and found an absence of fat. This study allowed Leonardo to complete the most detailed records of a single subject. During his lifetime, Leonardo made hundreds of sketches of the human body.

In 1509 Leonardo returned to Milan and spent time on other scientific studies including a project to change the course of the Abba River. From 1510 to 1513 he concentrated on the study of human anatomy and developed a new way to do science. The old way was to interpret everything with what you already knew; the new method was to first observe and then see if it fit with what you understood. During this time, Leonardo did some of his most famous anatomical drawings—one of them being the “Embryo in the Womb,” which is still found in some medical textbooks today.

In 1513 Leonardo went to Rome under the protection of Giuliano de Medici, the brother of Pope Leo X. He had a workshop and undertook a variety of projects for the Pope. He was also able to continue his studies in human anatomy. However, the Pope would not allow him to dissect any cadavers.

Following the death of Giuliano de Medici, Francis I of France offered Leonardo the position of Premier Painter, Engineer, and Architect of the King. Leonardo accepted the position and went to work for the king of France where he lived in a house near the royal chateau at Amboise. He worked for King Francis until his death, and legend has it that when he died in 1519, King Francis was at his side, cradling Leonardo’s head in his arms. Leonardo da Vinci was buried in the cloister of San Fiorentino in Amboise, France. The world will remember him as a painter, architect, engineer, and scientist with one of the brightest minds of the Middle Ages.
The World of Animals
UNIT 1

Mammals

1. Distinguish between vertebrates and invertebrates.
2. Identify the five characteristics of mammals.
3. Distinguish between apes and monkeys.
4. Distinguish between marsupials and other mammals.

The World of Animals • 261
What is the difference between vertebrates and invertebrates?

Words to know:
vertebrates  invertebrates

Animals and plants are the two largest and most familiar groups of living things. The most distinguishing difference between plants and animals is that plants can make their own food and animals cannot. Animals (and man) were originally created to eat plants to obtain energy (Genesis 1:28–30). Since the Fall of man in the Garden of Eden, many animals still eat plants but others eat animals to obtain energy. Because animals must obtain their own food, they are mobile. They can move about to find plants or other animals to eat.

Animals come in all shapes and sizes. Some are so tiny you can only see them with a microscope. Others are as huge as a car or even a house. God originally created various animal kinds, like the cat kind, horse kind, and elephant kind. Since the Flood of Noah’s day, these animal kinds have spread around the world and have adapted to different environments, so that today there are many different species of animals within each kind. Scientists have classified over 1 million different species of animals, and there may be millions more that have not been classified.

In order to study so many different types of animals it is convenient to group them together by their similar characteristics. The first grouping that scientists make is to divide animals by whether they have backbones or not. Animals with backbones are called vertebrates. Animals without backbones are called invertebrates.

Although only 3% of all animals are vertebrates, they are the animals we are most familiar
Vertebrates are the animals we see around us every day. Every vertebrate has a backbone. The backbone protects the spinal cord that passes through it. Vertebrates have the same major systems that humans have, including skin, skeletal, muscular, nervous, respiratory, and digestive systems. Although all of these systems occur in all vertebrates, they vary considerably among the different kinds of animals.

Vertebrates are divided into five different groups: mammals, birds, fish, amphibians, and reptiles. We will explore each of these groups in more detail.

Invertebrates are animals without spinal cords. They are very diverse and account for nearly 97% of all animals. Invertebrates do not have internal skeletons. Invertebrates include sponges, jellyfish, worms, insects, and many more creatures. We will also study each group of invertebrates in more detail.

What did we learn?
- What are the two major divisions of animals?
- What are two similarities among all animals?

Taking it further
- When did God create the different animal kinds?
- How is man different from animals?

Animal charades
This can be a fun family game. Pretend to be an animal and have everyone else guess what animal you are. Whoever guesses the animal correctly gets to be the next animal. Choose animals other than mammals, with which you are most familiar.

Unusual animals
There are many animals that you are familiar with. But with over a million different species, there are bound to be many that you are unfamiliar with as well. Below is a list of unusual animals. See what you can find out about each of these animals from an animal encyclopedia or other source, and prepare a short report to share with your class or family.

Three of them are shown below. Can you identify them?
- Pangolin
- Common snipe
- Echidna
- Grouper
- Liver fluke
- Common whelk
- Queen Alexandra's Birdwing

Squids are some of the largest invertebrates.
Vertebrates

Does it have a backbone?

What makes a vertebrate a vertebrate?

Words to know:
vertebrae

The animals we are most familiar with are vertebrates. A vertebrate is an animal that has a backbone. The backbone protects the spinal cord that runs inside of it. Vertebrates can be classified into five categories: mammals, birds, fish, amphibians, and reptiles. These are the animals we notice most around us because, in general, they are the largest animals. Although each of these groups of animals has unique characteristics, they have some common characteristics as well.

All vertebrates have spinal cords and brains. These are the major parts of each vertebrate’s nervous system. The spinal cord is protected by a backbone, which is really a series of smaller bones called vertebrae, hence the name vertebrates. Messages travel from the animal’s brain down the spinal cord to the various parts of the body to tell the animal how to move and what to do. Messages also travel from the various parts of the body along the spinal cord to the animal’s brain. Vertebrates have some of the most complex nervous systems of all the animals.

Another common trait that is unique to vertebrates is an internal skeleton. This skeleton is what allows vertebrates to be much larger than most other animals. God gave vertebrates the internal structure needed to support the weight of a large body. Not all vertebrates are large, but nearly all large animals are vertebrates. A few exceptions are the octopus and giant squid. These creatures can be large without an internal skeleton because the water in which they live helps to support their weight. For the most part, vertebrates also have more complex muscular, digestive, and respiratory systems than invertebrates.

Dogs are mammals; they are warm-blooded and nurse their young.
As you study the world of animals you will be making a notebook that will include your projects. Today, start your notebook by making dividers for each part of the animals we will study. Use the dividers with tabs that are designed for three ring binders. Make labels for each tab in the notebook. Tabs should be labeled as follows:

Mammals, Birds, Fish, Amphibians, Reptiles, Arthropods, Mollusks, Cnidarians, Echinoderms, Sponges, Worms, Protists, and Monerans (you may combine Protists and Monerans if you wish).

These are the various parts of the world of animals that you will be studying. Name as many animals in each category above as possible. Some, like mammals, will be very easy, but you may have no idea what animals belong in some of the other categories. As you go through the lessons in the book you can include anything in your notebook that you wish. Some ideas include the projects from this book, photos of projects or activities that you do, photos from field trips, photos cut from magazines, or coloring books and drawings. Use your imagination.

Use your artistic, computer, and literary skills to create a title page for each section of your animal notebook. If you don’t know what kinds of animals belong in some of the sections, look them up in an encyclopedia or on the Internet.